

'Step into Your Authentic Personal Style' – The Complete Personal Style Coaching Programme*

In this ultimate package you will find all of the elements outlined in all of the previous packages with a strong focus on achieving a total personal style transformation.

As part of this programme we will:

- Explore your personality, lifestyle and interests and understand how these can be used to create your unique personal style.
- Understand the importance of creating style Inspiration folders or mood boards
- Explore colours, patterns and fabrics that work best for you
- Create your personalised 'Body Shape Bible' and identify what cuts, styles of clothing and accessories will enhance and flatter your body shape and proportions.
- Audit your wardrobe in terms of identifying, what works and what doesn't
- Suggest how key items can be worn to maximise usage and produce a list of suggested additional wardrobe staples that may be needed to fill any gaps.
- Advise how best to make your wardrobe work for you and offer lots of useful styling advice along the way.
- Understand what accessories are best suited to your style, colouring and body shape
- Know how to use accessories to successfully inject personality, style and colour into your wardrobe
- Know what shoes work best with your body shape and style
- Gain tips of how to correctly store costume jewellery and other accessories so they stay looking new for longer

Also included in this package:

- Free 20 minute no-obligation telephone consultation
- Full access to my '12 Steps to a Style-Ready Mindset' Video Series
- Free PDF Challenge Workbook (worth £7.99)
- Pocket Colour Wheel – *UK based customers only* (worth £7.99)
- Personalised handouts

Optional Extras:

- Additional time/Follow up sessions available
- 10% off any future Style Dilemma SOS Consultations

Got a question or want to arrange a Free 20 minute no-obligation consultation?

Simply [return to the main page](#) to fill out the contact form and I will be in touch with you as soon as I can.

**Face-to-face appointment
subject to distance
(additional charges may
apply)*

SJ PERSONAL
STYLE
COACH

