

Bespoke Transformational Personal Style Package*

Style is not just about clothes - It's also about empowerment and self-confidence! Women can experience a lack of self-confidence for all sorts of reasons. So, through my coaching I marry Personal Development with Personal Style to create a package that is all about transforming you from the inside out helping you to become the best and most stylish version of YOU!

I work with women of all ages and backgrounds including professionals to set and achieve their desired goals. This tailor-made bespoke transformational Personal Style Package is perfect for:

- Women who simply want to revamp and reinvent their look
- Individuals going through life transitions i.e. Age milestones such as the menopause, those adapting to the journey of motherhood, women moving through divorce or relationship breakup, those seeking a new relationship or wishing to reinvigorate an existing one, women starting businesses or pursuing new career goals etc.
- Women who have experienced body changes or lack body-confidence due to weight-gain, weight loss or ill health
- Women with low self/body-confidence as a result of depression and body dysmorphia.

Also included in this package:

- Free 20 minute no-obligation telephone consultation
- Full access to my '12 Steps to a Style-Ready Mindset' Video Series
- Free PDF Challenge Workbook
- Personalised handouts

Optional Extras:

- Additional time/Follow up sessions available
- 10% off any future Style Dilemma SOS Consultations

**Face-to-face appointments subject to distance
(additional charges may apply)*

Got a question or want to arrange a Free 20 minute no-obligation consultation?

Simply [return to the main page](#) to fill out the contact form and I will be in touch with you as soon as I can.



PS PERSONAL
STYLE
COACH